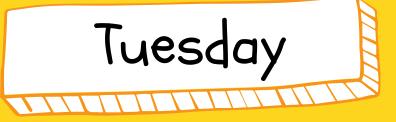
# MENU-HEEKI

### Monday

MEAT FREE MONDAY Cheese & Tomato Pizza served with potato wedges and spaghetti hoops

Cheesy Tuna Pasta Bake

Fresh Fruit Salad



Homemade Spaghetti Bolognese served with garlic bread and fresh salad

Homemade Vegetarian Bolognese served with garlic bread and fresh salad

Homemade Fruit Trifle



BBQ Chicken Wrap served with wholemeal rice and roasted vegetables



Mild Chicken Curry (korma) served with wholegrain rice, naan bread, mango chutney and green beans

Homemade Cheese and Red Onion Quiche served with fresh salad

Homemade Sticky Toffee Pudding

Friday

FISHY FRIDAY Fish Fingers (EYFS/KSI) Jumbo Fish Fingers (KS2) Breaded Cod Fish Cakes Vegetable Burger

Served with chips and baked beans

Ice Cream

Mild Vegetable Curry (korma) served with wholegrain rice, naan bread, mango chutney and green beans

Iced Sponge Cake served with custard



Every day, we serve a range of alternatives from our deli bar. These include... Jacket potatoes with a choice of fillings and freshly prepared salad Sandwiches (cheese, tuna, egg mayo) with freshly prepared salad Pasta salad

> The following deserts are available daily: Yogurt Fresh Fruit

## MENUENEE(

### Monday

MEAT FREE MONDAY Homemade Macaroni Cheese with hidden veg (onions and peppers)

Tomato Pasta Bake

Fresh Fruit Salad



Loaded Meatball Sub served with cheese, tortilla chips and fresh salad

> Cheese and Tomato Panini served with fresh salad

Homemade Chocolate Fudge Cake



Traditional Turkey Roast Dinner served with roast potatoes, seasonal vegetables and gravy



All Day Breakfast sausage, hash brown, tomatoes, mushrooms and baked beans

Quorn Fillet Roast Dinner served with roast potatoes, seasonal vegetables vegetarian sausage roll, hash brown, tomatoes, and gravy

Homemade Apple Flapjack



FISHY FRIDAY Fish Fingers (EYFS/KSI) Jumbo Fish Fingers (KS2) Breaded Cod Fish Cakes Vegetable Burger

Served with chips and baked beans

Ice Cream

Vegetarian All Day Breakfast mushrooms and baked beans

Homemade Shortbread Biscuit



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> The following deserts are available daily: Yogurt Fresh Fruit

## MENU FUEEK3



MEAT FREE MONDAY Vegetable Enchiladas served with wholemeal rice

Homemade Cheese and Tomato Quiche served with fresh salad

Fresh Fruit Salad



Burger Bar a choice of beef burger or vegetable burger served in a bun with potato wedges and baked



Homemade Beef Chilli served with wholemeal rice and fresh salad

Homemade Vegetarian Chilli served with wholemeal rice and fresh salad

Sponge Cake served with custard



Homemade Sausage Casserole cooked in a rich tomato sauce and served with seasonal vegetables and crusty bread

beans

Homemade Dat Cookies

Vegetarian Sausage Roll served with seasonal vegetables and spaghetti hoops

Cheese and Crackers



FISHY FRIDAY Fish Fingers (EYFS/KSI) Jumbo Fish Fingers (KS2) Breaded Cod Fish Cakes Vegetable Burger

Served with chips and baked beans

Ice Cream



Every day, we serve a range of alternatives from our deli bar. These include... Jacket potatoes with a choice of fillings and freshly prepared salad Sandwiches (cheese, tuna, egg mayo) with freshly prepared salad Pasta salad

> The following deserts are available daily: Yogurt Fresh Fruit